











SEPTEMBER 2015 – RECREATIONAL ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM LOCATIONS BC – Bocce Center (RM 1025) EX – Exercise (RM 1211) CLB – Club Room (RM A244) ART – Arts Studio (RM 1236) CC – Comm. Center (RM 1109) TH – Theatre CLC – Computer Learning Center		1 0900 Stretching Class (EX) 0900 Low Hearing Meeting (CC) 0930 Putting Tournament 1000 Mickey Pet Visit 1300 Art Activity (ART) 1830 Movie 	2 0800 Demo Painting (ART) 0900 Exercise Class (EX) 1000 Water Aerobics (POOL) 1300 Woodshop Safety 1400 Movie Matinee w/Popcorn 1830 Bingo (CC) 1830 Movie	3 0900 Stretching Class (EX) 0930 Bowling Tournament 1300 Acrylic Painting (ART) 1830 Movie 	4 0900 Exercise Class (EX) 1130-1300 Labor Day Cook-In <i>(Dining Hall & Community Center)</i> 1830 Movie 1900-2200 Resident Dance (CC) <i>Music by Sonny Tanner</i>	5 1800 Biloxi Shuckers Trip at MGM Park 1830 Movie 
6	<i>Labor Day Holiday</i>	7	8	9	10	11
0915 Catholic Service 1030 Protestant Service 1830 Movie Recreation Areas Open 24-7 <i>Walking Trail Etiquette- Bikes go Counter Clockwise, Walkers go Clockwise.</i>	0900 Exercise Class (EX) 0930 Outdoor Shuffleboard 1000 Water Aerobics (POOL) 1000 Tai Chi (EX) 1830 Movie <i>Federal Offices Closed in Observance of Labor Day</i>	0900 Stretching Class (EX) 0930 RAC Meeting (CC) 1300 Art Activity (ART) 1330 Cribbage Tournament 1400 Intro to Genealogy 1400 Eve Pet Therapy Visit 1830 Movie	0800 Demo Painting (ART) 0900 Exercise Class (EX) 1000 Water Aerobics (POOL) 1300 Woodshop Safety 1400 Movie Matinee w/Popcorn 1830 Bingo (CC) 1830 Movie	0900 Stretching Class (EX) 0930 Free Throw Tournament 1300 Acrylic Painting (ART) 1400 Fleet Reserve Meeting (TH) 1430 Movie Selection Meeting (LIB) 1830 Movie 	0830 Wal-Mart Bus Trip 0900 Exercise Class (EX) 1130 Bacchus on the Beach Lunch Trip 1400 Afternoon Bingo (CC) 1900-2200 Resident Dance (CC) <i>Music by Billy & Friends</i>	1400 Prince, Charlie & Riley Pet Therapy Visit <i>(Front Lobby)</i> 1830 Movie 
13	14	15	16	17	18	19
0915 Catholic Service 1030 Protestant Service 1830 Movie Sr. TV Channel 2 <i>Check Sr. TV Channel 2 for info on current and upcoming AFRH events & daily menus.</i>	0900 Exercise Class (EX) 1000 Water Aerobics (POOL) 1000 Tai Chi (EX) 1400-1500 Ice Cream Social <i>(Community Center)</i> 1830 Movie 	0900 Stretching Class (EX) 0930 MWR Committee Meeting 1300 Art Activity (ART) 1615 B-Day Photo w/ Admin. 1630 August Birthday Dinner <i>(Music by Goldie)</i> 1830 Movie 	0800 Demo Painting (ART) 0900 Exercise Class (EX) 0830 G.I. Museum & Vietnam Veterans Memorial Trip 1000 Water Aerobics (POOL) 1230 Salute Italian Lunch Trip 1400 Movie Matinee w/Popcorn 1830 Bingo (CC)	0900 Stretching Class (EX) 0930 Table Shuffleboard Tourny 1000 Advanced Genealogy 1300 Acrylic Painting (ART) 1830 Movie 	0830-1200 Blind Rehab Services 0900 Exercise Class (EX) 1400 POW/MIA Ceremony & USAF Birthday Ceremony 1830 Movie  1900-2200 Resident Dance (CC) <i>Music by Sonny Tanner</i>	1830 Movie 
20	21	22	23	24	25	26
0915 Catholic Service 1030 Protestant Service 1830 Movie Swimming Pool Hours <i>Open Daily from 0600-2200 (Closed for cleaning on M, W, F from 0700-0900)</i>	0900 Exercise Class (EX) 0930 Corn Toss Tournament 1000 Water Aerobics (POOL) 1000 Tai Chi (EX) 1000 Mickey Pet Therapy Visit 1830 Movie	0900 Stretching Class (EX) 0930 Horseshoe Tournament 0915 Coast Art Galleries Tours & Lunch at Phoenicia's 1000 Sassy Pet Therapy Visit 1300 Art Activity (ART) 1830 Movie 	0800 Demo Painting (ART) 0900 Exercise Class (EX) 1000 Water Aerobics (POOL) 1300 Guest Artist (ART) 1400 Movie Matinee w/Popcorn 1830 Bingo (CC) 1830 Movie 	0830 New Orleans French Qtr & WWII Museum Trip 0900 Stretching Class (EX) 0930 Washer Toss Tournament 1000 Wellness Committee Mtg. 1300 Acrylic Painting (ART) 1830 Movie	0800 New Resident Orientation (TH) 0900 Exercise Class (EX) 1400 Afternoon Bingo (CC) 1630 VFW Steak Night Van Trip 1830 Movie 1900-2200 Resident Dance (CC) <i>Music by Billy & Friends</i>	1400 Prince, Charlie & Riley Pet Therapy Visit <i>(Front Lobby)</i> 1830 Movie
27	28	29	30	OCTOBER 1	OCTOBER 2	OCTOBER 3
0915 Catholic Service 1030 Protestant Service 1830 Movie Fitness Center <i>Fitness Center Orientations by appt. only. Contact Rec Services at: 897- 4436</i>	0900 Exercise Class (EX) 1000 Water Aerobics (POOL) 1000 Tai Chi (EX) 1000 Pet Ministry Team Visit 1400-1500 Ice Cream Social & New Resident Meet & Greet 1830 Movie 	0900 Stretching Class (EX) 1100 Island View Casino Gulfport Bus Trip 1300 Art Activity (ART) 1330 Ping Pong Tournament 1830 Movie 	0800 Demo Painting (ART) 0900 Exercise Class (EX) 1000 Water Aerobics (POOL) 1300 Woodshop Safety 1400 Movie Matinee w/Popcorn 1830 Bingo (CC) 1830 Movie	0900 Stretching Class (EX) 0930 Bowling Tournament 1300 Acrylic Painting (ART) 1830 Movie 	0900 Exercise Class (EX) 1130-1300 Anniversary "Cook-In" of Re-Opening 1830 Movie 1900-2200 Resident Dance (CC) <i>Music by Sonny Tanner</i>	FITNESS CENTER  <i>Fitness Center Orientations Contact Rec Services at: 897- 4436</i>



All Programs and Activities included on this calendar are considered Public for the purpose of Photography.

